



DEPARTMENT OF THE ARMY  
OFFICE OF THE SURGEON GENERAL  
5109 LEESBURG PIKE  
FALLS CHURCH, VA 22041-3258

REPLY TO  
ATTENTION OF

DASG-HS

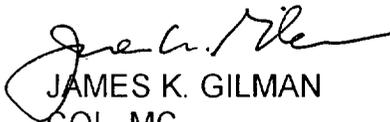
21 Mar 03

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Aviation Flying Duty Medical Exams

1. Paragraph 6-8b (2), AR 40-501 requires aviation personnel (Classes 2/2F/3/4). to undergo a Comprehensive Flying Duty Medical Exam (FDME) every 3 years beginning at age 19 and annually after age 49.
2. AR 40-501 is being changed to require the Comprehensive FDME every 5 years. Pending a change to AR 40-501, and effective immediately, an exception to policy to AR 40-501 is granted. This exception mandates that the Comprehensive FDME will be performed every five years between the ages of 20 and 50 and annually thereafter. The five-year period will be based on the year of the initial FDME or the date of the last Comprehensive FDME. The comprehensive FDME will be performed within 90 days before the end of the birth month in the year it is due. The Flying Duty Health Screen (FDHS- formerly the interim FDME) will be performed in the interim years.
3. This change has been submitted for publication into the next update of AR 40-501. My point of contact is Ms. Wortzel, DSN 761-0020.

FOR THE SURGEON GENERAL



JAMES K. GILMAN  
COL, MC

Acting Assistant Surgeon General  
for Force Projection

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DASG-HS-AS

SUBJECT: Aviation Flying Duty Medical Exams

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