

Medication APLs Addendum

Class 2B: Information Only, Chronic Use

Other

Sildenafil (Viagra): Individuals using this preparation are restricted from flying duties for 12 hours after use.

NOTE:

- As with all medications in this class there is a greater risk for side effects so a 24 hour period of grounding and observation is required with the first dose. After this observation period, the aircrew may be returned to full flying duties after follow-up with the FS/APA.
- The FS/APA should be aware of the short-term visual disturbances that can occur in up to 5% of those using this medication. These visual disturbances include blue/green discrepancy, increased brightness of lights, and halos. Visual disturbances tend to occur at peak levels (1.5 hrs after use) and are not usually persistent. Individuals should be questioned about visual changes and referred to an eye care specialist for persistent abnormalities.
- An information only note must be included in the FDME/FDHS detailing the reason for use and the completion of an evaluation for causes of erectile dysfunction. (e.g. after therapy for prostate cancer, medication side effects, drug or alcohol abuse, diabetes mellitus, hypertension, psychogenic factors, or hormonal problems including hypo/hyperthyroidism, hypogonadism and hyperprolactinemia, etc.).