

MEDICATION WAIVERS

CLASS 4: MANDATORY DISQUALIFYING MEDICATIONS

Revised January 2002

AEROMEDICAL CONCERNS: Use of certain medications is strictly contraindicated in the aviation environment due to significant side effects. The underlying cause or need for use of these medications may result in a permanent disqualification or require a waiver for return to flying duty.

WAIVERS: A period of continuous grounding is mandatory (AR 40-8, Temporary Flying Restrictions Due to Exogenous Factors, paragraph 4a, August 1976) from the initiation of therapy through cessation of these drugs plus a specified time period to rid the drug completely from the body (usually at least three half lives). Continuous use of these medications is incompatible with continuation of aviation status. Waiver is not recommended.

ALCOHOL: Require 12 hours of flight restriction following termination of use with no residual effects.

NON-ALCOHOLIC BEER: Require 12 hours of flight restriction following termination of use with no residual effects.

ANABOLIC STEROIDS: Waiver is not recommended.

ANTI-ARRHYTHMICS: Waiver is not recommended.

ANTI-DEPRESSANTS: Waiver is not recommended.

ANTI-MIGRAINE AGENTS: Waiver is not recommended.

ANTI-MOTION SICKNESS AGENTS: Temporary use is approved when used in accordance with approved Motion Sickness Protocol. Chronic use is not waivable.

ANTI-PSYCHOTICS: Waiver is not recommended.

ANTI-VERTIGO AGENTS: Waiver is not recommended.

ANTI-CONVULSIVES: Waiver is not recommended.

ANTI-HISTAMINES: Cetirizine (Zyrtec). Waiver is not recommended for this medication; see other medication policy letters and Allergic/Nonallergic Rhinitis APL for acceptable medications.

BETA BLOCKERS: Waivable (Class 3) for ATC personnel. Waiver is not recommended for all other classes.

BARBITURATES, MOOD AMELIORATING, TRANQUILIZING, OR ATARAXIC DRUGS: Requires 72 hour flight restriction following termination of treatment. The half-life of Phenobarbital is 2-5 days. Waiver is not recommended.

CALCIUM CHANNEL BLOCKERS: Waivable (Class 3) for ATC personnel. Waiver is not recommended for all other classes with exception of Norvasc which may be approved for all other classes.

CLONIDINE: Waivable (Class 3) for ATC personnel. Waiver is not recommended for all other classes.

COUGH PREPARATIONS WITH DEXTROMETHORAPHAN, CODEINE, OR OTHER CODEINE-RELATED ANALOGS: Require 24 hours of flight restriction following termination of treatment.

DEA SCHEDULED MEDICATIONS: Waiver is not recommended.

DIET AIDS: Waiver is not recommended.

HYPOGLYCEMIC AGENTS: Chlorpropamide (Diabinese), Glipizide (Glucotrol, Glucotrol XL), Glyburide (Micronase, Diabeta, Glynase), Tolbutamide (Orinase), Tolazimide (Tolinase), Acetohexamide (Dymelor), Glimerpiride (Amaryl). All of these agents are waiverable (Class 3) for Classes 2F, 3, and 4. Waiver is not recommended for all other classes.

HYPNOTICS: Waiver is not recommended. Temazepam (Restoril), Zolpidem (Ambien), Zaleplon (Sonata), and Triazolam (Halcion) may be used for pre-deployment rest only. This is not approved for manipulation of work/rest cycle or as a sleep aide during normal operations.

INSULIN: Waiver is not recommended.

ISOTRETINOIN: (Accutane) Waiver is not recommended.

MINOCYCLINE: (Minocin) Waiver is not recommended.

MOTILITY ENHANCING AGENTS: Metoclopramide (Reglan), Waiver is not recommended.

NARCOTICS: Waiver is not recommended.

QUININE, BITTERS, TONIC WATER: Requires 72 hour flight restriction following termination of treatment when these formulations are used for medical conditions. Ingestion of tonic water or bitters on an infrequent basis does not require flight restriction.

LOOP DIURETICS: Waiver is not recommended.

SLEEPING AIDS: Requires 24 hours of restriction after use. (See Predeployment drugs).

SEROTONIN (5HT) RECEPTOR AGONISTS: SUMATRIPTAN (Imitrex), NARATRIPTAN (Amerge), RIZATRIPTAN (Maxalt; Maxalt-MLT), ZOMITRIPTAN (Zomig; Zomig ZMT), Almotriptan (Axert). Requires 12 hours of flight restriction following termination of treatment.

TRANQUILIZERS: Waiver is not recommended.